

# MID-OHIO VALLEY

BRAXTON ■ CALHOUN ■ CLAY ■ DODDRIDGE ■ GILMER ■ JACKSON ■ RITCHIE ■ ROANE  
WIRT ■ WOOD



ROOTED  
IN THE MOUNTAIN  
STATE

## AJ's Goats 'n Soaps

A.J. Carpenter started AJ's Goats 'n Soaps while she was pregnant with her oldest son in 2010 as a creative way to continue her passion for dairy goats. The business also brought in extra money. Today, the operation has expanded to include a bevy of eye-catching bath products.

### Products

Lye and Goat Milk Soaps • Bath Bombs • Body Wash  
Sugar Scrubs • Lotions • Salves • Salt Soaks

304-377-2444  
rednckmuddr44@hotmail.com  
Facebook.com/ajsgoatsnsoaps



### Find Us

You can find their products on their Facebook page.

Jackson County | 217 Sycamore Creek Road | Ripley, WV 25271

## Appalachian Willows & Brooms

Abbie and Don Wiles have a small family farm in Palestine, WV. They began their farming journey in 2017, planting 375 shrub willows as a test crop; the willows flourished and so has their business. They now have approximately 13,000 willow bushes, which are harvested each winter for basket willow stems and cuttings, and a broomcorn crop for making their heritage brooms. Both their willow and broomcorn are USDA Certified Organic.

### Products

Willow Baskets • Handcrafted Brooms • Willow Cuttings • Willow Stems • Willow Water Rooting Hormone • Rabbit & Parrot Organic Chew Toys • Basket Weaving Classes

304-699-1775 | facebook.com/appalachianwillows  
appalachianwillows@gmail.com  
www.appalachianwillows.com



### Find Us

You can find their products online and at events in WV and surrounding states.

Wirt County | 4700 Sanoma Road | Palestine, WV 26160

## Aroma of the Andes / Finca La Despensa

Aroma of the Andes is owned and operated by the Brown Family. Their coffee farm, Finca La Despensa, is located in the Andes Mountains of Colombia, South America outside a small town called Supatá. There they grow 6,500 environmentally friendly coffee trees. Enjoy shade grown, hand picked, sun dried coffee you will love!

### Products

Colombian Coffee • Maple Coffee • Bourbon Barrel Aged Coffee  
Chocolate Covered Espresso Beans • Handcrafted White Chocolate Candy Bars

304-462-4294  
coffee@aromaoftheandes.com  
Facebook.com/facebook.com/AromaoftheAndes



### Find Us

You can find their products at various stores throughout West Virginia or order directly via email or phone.

Gilmer County | 1125 Butchers Fork Road | Linn, WV 26384

## Bearsville Bees

Bearsville Bees supplies beekeepers with bee supplies. They make it one at a time - they don't buy it. They also sell honey and creamed honey and sell supplies for beekeepers to extract their own honey.

### Products

Insulated Long Langstroth Hives • Langstroth equipment  
Insulated Layens Hives • Extractors • Vented Bee Jackets, Pants and gloves • Bee Supplies and More

304-488-4690  
Joy@bearsvillebees.com  
www.bearsvillebees.com

Facebook.com/Bearsville-Bees-Parkersburg



### Find Us

You can find their products at their store Wednesday and Friday 3-7pm, Saturday 9-3pm and at The Cardinal Market at Grand Central Mall in Parkersburg, WV.

Wood County | 314 Jewell Road | Parkersburg, WV 26101

## Boggess Farms, LLC

Boggess Farms, LLC, is a family owned and operated fourth generation West Virginia Century Farm. Pat and Leslie's cow-calf operation prides itself in utilizing performance tested sires to produce the best quality calves that excel on the feed lots.

### Products

Feeder calves • Whole & half beefs

304-532-5789  
lesliesboggess1971@yahoo.com



### Find Us

You can buy their products by calling ahead to purchase straight from the farm.

Jackson County | 551 Wolfe Creek Road | Given, WV 25245

## Bop & Nana's Bakery and Catering

Bop & Nana's Bakery offers unique artisan breads & cookies as well as traditional favorites. The Bakery is a regular vendor at local farmers markets. Their baked goods may be ordered for delivery or pick up.

### Products

Freshly Baked Bread • Scones • Cookies • Pepperoni Rolls

304-532-5560  
melodyurbanic@icloud.com  
Facebook.com/share/17DjjM6DH3/?mibextid=wwXlfr

@bopandnana



### Find Us

You can find their products at WV farmers markets seasonally and by request through the year.

Calhoun County | 85 Valentine Road | Chloe, WV 25235

## Clara's Gourmet, LLC

Picking strawberries with her grandmother when she was a little girl and making strawberry freezer jam is Andrea Duke's favorite memory from her childhood. Combine that with her love for the art and history of preservation and that is where the foundation for Clara's Gourmet, formerly In a Jam, comes from. Andrea prides herself on small-batch jams and jellies crafted with locally grown and picked fruits. "This business has become something that I am so humbled by and proud of every day. Find what you love doing and follow your dreams," says Andrea.

### Products

Jams • Jellies • Sauces

681-297-8846  
hello@clarasgourmet.com  
www.clarasgourmet.com

Facebook.com/ClarasGourmetLLC



### Find Us

You can find their products online, at WV State Parks, and in more than 100 retailers in WV, OH, PA and MD.

Wood County | 3000 Earl Place | Parkersburg, WV 26101

## Garden Treasures, LLC

Garden Treasures, LLC, operates greenhouses and vegetable gardens. They sell at area farmers markets and grow a large amount of herbs that are incorporated in the products.

### Products

Produce • Herbs

304-364-5589  
gardentreasures@hotmail.com  
https://www.gardentreasureswv.com/about-us

Facebook.com/gardentreasureswv



### Find Us

You can find their products at Farmers Markets, Tamarack, Artistry on Main Co-op, Laurel Country Store, Treasure Trol and Mountain Magnolia Co-op.

Braxton County | 602 Blessing Road | Frametown, WV 26623

## Given Flower Company

At Given Flower Company, they specialize in growing fresh, high quality cut flowers for purchase. Some of their favorite flowers are zinnias, snapdragons, sunflowers, tulips, and their personal favorite, dahlias! They host u-pick events at the farm and also sell beautiful flowers to local florists and at local farmer's markets. They would love for you to come to their flower farm and enjoy the experience of picking your own flowers and creating a beautiful bouquet to take home to bring some joy to your day!

### Products

Fresh Cut Flowers

304-532-2303  
Givenflowerco@gmail.com  
@givenflowercompany



### Find Us

You can find their products by contacting them directly.

Jackson County | 224 Pleasant Valley Road | Given, WV 25245

## Keep It Simple

We proudly make all natural products made mostly from the herbs in WV. Preserving the heritage, of our families, passed down over the years, plus more.



### Find Us

You can find their products at local farmers markets and through direct sales at the farm.

Clay County | 6568 Clay Highway | Bickmore, WV 25019

### Products

Herbal Hand Poured Salves • Herbal Soap Bars • Herbal Shampoo Bars • Leave-in Conditioners • Lotion Tubes • Daily Beauty Creams • Tinctures • Lip Balms • Beard Balms • Beard Oils

304-619-2797  
rbrown0400@gmail.com  
Facebook.com/share/1JL5CPHPnM/

## Legacy Foods

Legacy foods is small batch producer of applebutter, salad dressings & jams, located in the heart of Clay County.



### Find Us

You can find their products at Capitol Market in Charleston, Tamarack in Beckley, Mid-Town Market in Whitesville and Olin's Day and Night Market in Charleston.

Clay County | 10848 Clay Highway | Indore, WV 25111

### Products

Cinnamon, Clove & Ginger Applebutter • NSA Applebutter  
Apple Cider Vinaigrette • Wilted Lettuce Dressing • Assorted Jams & Jellies

304-587-3041  
legacyapplebutter@gmail.com  
www.legacyfoods.net  
Facebook.com/legacyfoods  
@legacyfoodswv

## Mary's K9 Bakery, LLC

Mary Shamburg began making dog treats for her own pups after numerous recalls of pet food and treats. She did her research, and her dogs taste-tested each batch to make sure they were K9 approved. The treats have limited ingredients and are preservative-free.



### Find Us

You can find their products at Farm to Fork in Gassaway and Sutton Farmers Market on Saturdays during market season.

Braxton County | 124 Vernon Road | Flatwoods, WV 26621

### Products

Dog Treats

304-676-5329  
marysk9bakery@gmail.com  
www.marysk9bakery.com  
Facebook.com/Marysk9bakery  
@Marysk9bakery

## Mayberry Homestead, LLC

Mayberry Homestead started out selling their surplus produce at their local farmers market. Which led to planting more to supply the local community. Mayberry Homestead has plans to add a variety of items to their product line.

### Products

Produce • Eggs • Honey • Maple Syrup • Freeze Dried Herbs

304-628-3832  
thelapes2008@zoominternet.net  
Facebook.com/MayberryHomesteadLLC



### Find Us

You can find their products online and at the Ritchie County Farmers Market.

Ritchie County | 621 Mayberry Run | Harrisville, WV 26362

## Minner Maple Farm, LLC

Minner Maple Farm, nestled on 63 acres in the rolling hills of Rockport, WV, began with a bucket and a turkey fryer in their garage and a huge passion for learning the art of making maple syrup. Now, with three generations of their family helping, they produce a beautiful, superbly rich tasting maple syrup that they are proud to put their name on!

### Products

Maple Syrup

304-474-3538  
jminner1@zoominternet.net  
Facebook.com/MinnerMapleFarm



### Find Us

You can find their products at 19th Street Meat Market, Mountaineer Meat Market and Wards Farm Market in Parkersburg.

Wood County | 9895 Lee Creek Road | Rockport, WV 26169

## Mountain State Farm

Mountain State Farm raises pastured livestock in an ecological and humane manner for high-quality healthy meat. They continually strive to produce grass-fed American bison, pastured pork and pastured poultry (chicken) in a sustainable, regenerative and profitable manner becoming an example and model for sustainable ranching/farming in the Mid-Atlantic and Southeastern region of the United States.

### Products

Bison • Meat • Bones • Skulls

304-644-8941  
doug.given@moutainstatefarm.com  
www.mountainstatefarm.com  
Facebook.com/mountainstatefarm



### Find Us

You can find their products on their website as well as Facebook.

Braxton County | 575 Given Lane | Strange Creek, WV 25063

## One Blessed Farm, LLC

Started in 2016 as a small family farm, One Blessed Farm raises Nigerian Dwarf Dairy Goats and uses the milk to make small batch soap and a wide variety of other premium skincare products (Cave Mountain Soap Company). During the growing season, you'll find everything from lavender and peppers to herbs and cucumbers on the farm. The farm's hens spend their days outdoors, roaming the pastures, as they please - happy hens lay excellent eggs!

### Products

Produce • Eggs • Goats Milk Soap and Scrubs

304-634-7726  
 annie\_5418@yahoo.com  
 www.cavemountainsoapcompany.com

Facebook.com/OneBlessedFarm  
 @cavemountainsoapcompany



### Find Us

You can find their products on Facebook or straight from the farm.

Jackson County | 845 Goshen Road | Kenna, WV 25248

## Ordinary Evelyn's

Evelyn McGlothlin began selling her jams and jellies at fairs and festivals in 1998, recipes she'd been working on for decades. As a youngster, she learned the art and skill of food preservation from her late mother, Alta Brady. Evelyn is committed to producing a quality product made from fruits and vegetables she raises in her backyard. She now offers a wide variety of canned items and dry mixes. Evelyn attributes her success to the help of her family.

### Products

Jams • Jellies • Pickled Beets • Hot Pepper Butter • Dry Mixes  
 Apple Butter • Pumpkin Butter • Dilled Green Beans

304-587-7109  
 ordinaryevelyn@yahoo.com  
 www.ordinaryevelyns.com

Facebook.com/Ordinary-Evelyns



### Find Us

You can find their products on their website and Facebook.

Clay County | 847 Lantz Road | Clay, WV 25043

## Overholt Homestead, LLC

Overholt Homestead got its start in 2018 as an effort to provide quality milk and meat products to the local community. Their milk products are produced using A2 milk, which is highly digestible. All their meats are produced on pasture and non-GMO grains. They've also expanded to include deer processing in-season.

### Products

Milk • Beef • Deer Processing

304-532-4963 OR 304-786-6010  
 overholthomestead@upwardmail.com  
 Facebook.com/overholthomestead



### Find Us

You can find their products at their on-farm store. They also offer wholesale pricing.

Jackson County | 391 Wagon Trail | Ripley, WV 25271

## Riverbend Farm and Gardens

This family farm strives to provide delicious, locally grown food to their community. They challenge folks to "taste the difference" with their products. They take pride in their quality beef, delicious honey and a fantastic slicing tomato.

### Products

Beef • Honey • Seasonable Produce

304-488-1561  
 riverbendfarmandgardens@yahoo.com  
 Facebook.com/RiverbendFarmandGardens



### Find Us

You can buy their products by appointment on the farm.

Wirt County | 254 Steed Point | Elizabeth, WV 26143

## Sassy Gals Gourmet Treats

Sassy Gals Gourmet Treats strives to produce delicious treats for you, your family and friends. They have decadent Gourmet Dips/ Cheeseballs Mixes, Roasted Pecans and Almonds along with their luscious Slush Mixes. All of their products are made with love and dedication to provide their customers with the best quality products.

### Products

Gourmet Dips • Cheeseball Mixes • Roasted Pecans • Almonds  
 Slush Mixes

304-548-9570  
 order@sassygalstreatswv.com  
 www.pvmarket.com



### Find Us

You can find their products on their website and at Pleasant View Farm Market. They also travel to many fairs and festivals in the region. Wholesale pricing is offered.

Jackson County | 38 Kitty Drive | Ravenswood, WV 26164

## Sims Hydroponics

Sims Hydroponics, established in 2018, strives to provide a superior lettuce with outstanding quality and shelf life. With year-around growing capabilities they supply fresh lettuce in every season!

### Products

Hydroponic Bibb Lettuce

304-480-9997  
 Lsims030@gmail.com



### Find Us

You can find their products by contacting the farm directly.

Wirt County | 7460 Palestine Road | Palestine, WV 26160

## Sleepy Holler Homestead, LLC

Sleepy Holler Homestead, LLC is a local homesteading business in Mineral Wells selling several products from sweet treats to, produce and rabbits.

### Products

Baked Goods • Candy • Confections • Ice Cream • Honey & Honey Products • Jams • Jellies • Butters • Produce • Syrups  
Rabbits

304-916-7865  
sleepyhollerhomestead@gmail.com  
Facebook.com/SleepyHollerHomestead



### Find Us

You can find their products online.

Wood County | 433 W. Fork Creek Road | Mineral Wells, WV 26150

## Smith Grain and Cattle

Smith Grain and Cattle is a 6th generation family farm located in Ravenswood, WV. They grow corn, cattle and whole hog sausage.

### Products

Corn • Cattle • Whole Hog Sausage

304-531-3008  
Smithgrainandcattle440@gmail.com  
Facebook.com/Smithgrainandcattle



### Find Us

You can find their products at Moore's Piggly Wiggly, Barkers One Stop, Country Market, Pleasant View Farms and Mount Alto Exxon.

Jackson County | 2156 Crooked Run Road | Ravenswood, WV 26164

## Stirring Spirit Farm

The farm provides a true farm-to-table experience, selling pasture-raised chicken eggs, grass-fed lamb, Cornish Cross meat birds and a wide selection of seasonal produce. Guests can also purchase the farm's own raw honey, produced by bees that help pollinate the fields.

A major draw for visitors is the opportunity for pick-your-own blackberries, available in the summer months when the berries are plump and juicy. The farm also has a Bed & Breakfast, which offers a retreat-like, back-to-nature experience focusing on meditation and natural health.

### Products

Grass Fed Lamb • Eggs • Honey • Seasonal Produce Various  
Local Foraged Herbal Salves & Tallow Creams • Goat Milk Soaps  
• Fresh Jams And Jellies. U-Pick Blackberries (In Season)

973-570-4615  
stirringpiritfarm@gmail.com  
Facebook.com/profile.php?id=100084156454683



### Find Us

You can find their products on the farm.

Roane County | 1501 Vicars Ridge | Gandeeville, WV, 25243

## Stone Road Vineyard

Stone Road Vineyard embraces the history of winemaking in West Virginia. During the Civil War, the area enjoyed prolific vineyards. Today, SRV is re-framing that tradition with quality grape, maple syrup and berry fermentations using traditional, natural vinting techniques and a 21st Century green energy foundation. The company bottles 15 blended or varietal wines.

### Products

Red and White Wines.

304-481-3591  
Dave@StoneRoadVineyard.com  
www.StoneRoadVineyard.com  
Facebook.com/StoneRoadVineyard  
@StoneRoadWine



### Find Us

You can find their products at Tamarack, DelMonte Market and other specialty stores across the state. They also travel to many fairs and festivals in the region.

Wirt County | 1800 Morehead Ridge | Elizabeth, WV 26143

## Sugar Bottom Farm

Veteran Eric Grandon was looking for a way to combat stressors associated with his war deployments. He found solace in his honeybees. In 2014, Eric and his family started Sugar Bottom Farm. Eric says, "Our farm family works hard (actually, the honeybees do most of the work, but we help) to bring pure, delicious, raw honey to your family's table."

### Products

Honey • Honeybee Products • Nucs and Packages (In Season)  
Queens • Beekeeping Equipment • On-Site Workshops  
Lecture and Hands-On Training Classes

304-545-4608  
egrandon@frontier.com  
www.sbfhoney.com  
Facebook.com/SugarBottomFarm



### Find Us

You can find their products at Tamarack, Cardinal Market in the Parkersburg Mall, Swiftwater General Store in Charleston and Lansing, Capitol Market, Shipwreck Collection in the Huntington Mall, The Wild Ramp, Witten's Farmers Market and JQ Dickinson Salt-Works They offer wholesale pricing.

Clay County | 2067 Red Bud Road | Ovapa, WV 25164

## Sweet Violet Farm

Sweet Violet Farm believes that flowers feed the soul. They grow a wide variety of specialty cut flowers on their family farm in Jackson County. Honoring the past generations while preserving for the future are essential practices in their farming operation.

### Products

Specialty Cut Flowers (Sunflowers, Lisianthus, Eucalyptus, Snapdragons, Dianthus, Larkspur, Celosia, Zinnias, Dahlias and more!)

304-532-5484  
Cvmaston@frontier.com  
Facebook.com/SweetVioletFarm



### Find Us

You can find their products at florists in Jackson and Kanawha Counties. Flowers are also available for bulk orders for weddings, showers or parties. Our on farm market is open on Saturdays from summer through early fall.

Jackson County | 8523 Spencer Road | Leroy, WV 25252

## TC Treats

TC Treats provide customers with a unique experience. All of our "treats" are freeze dried to give you a new innovative way to try your favorite candy or snack. This small, family-owned business in Clay, WV is excited to share their creations with you!

### Products

Freeze Dried Candy

304-546-7214  
tctreatswv@gmail.com  
tc-treats-wv.square.site



### Find Us

You can find their products on their website, Little Darlings LLC, Clay Lumber and Hardware, Legacy Foods, Sizemore's Greenhouse, Clay Family Pharmacy, and the Elk River Inn, all located in Clay, WV. We also do pop-up events, so keep an eye out for us.

Clay County | 594 Main Street | Clay, WV 25043

## Terra Romance Farm

Terra Romance Farm is a small family-owned and operated farm nestled in the hills of Romance, West Virginia, just 20 minutes north of Charleston. Specializing in growing delicious summer raspberries and pasture-raised chicken eggs, they take great pride in bringing exceptional, beautiful local farm products to market. Their passion is farming to promote and sustain local foods, land stewardship and conservation, and West Virginia history and culture.

### Products

Raspberries • Seasonal Produce • Pasture-Raised Eggs  
Cut Flowers

304-988-5931 | @terraromancefarm  
terraromancefarm@gmail.com  
Facebook.com/TerraRomanceFarm



### Find Us

You can find their products at the New Roots Community Farm Market, as well as direct sales (call/email for inquiries) and seasonal farmers market events (check Facebook page for updates).

Jackson County | 737 Middle Fork Road | Romance, WV 25248

## Turtle Run Farm, LLC

Elizabeth Pfaff and her husband started raising honeybees in the early 1990s. They are a small producer but make several products. Besides the honey, they have creamed honey skin cream and lip balms. Their stepsons have taken over caring for the bees after their father's death.

### Products

Honey • Skin Creams • Lip Balms • Creamed Honey • Honey Bars

304-428-9793  
turtlerunfarm@suddenlink.net



### Find Us

You can find their products at the Honey Festival in Parkersburg. They offer wholesale pricing.

Ritchie County | 1710-36th Street | Parkersburg, WV 26104

## Valhalla Farms WV

At Valhalla Farms, they are proud to be a family-owned and operated business with a dedication to providing fresh, high-quality products. As a veteran-owned company, they believe in hard work, integrity, and commitment to their customers. Their mission is to offer a wide range of fresh vegetables, herbal products like loose leaf tea, tinctures and salves, fresh and dried herbs, and seasonally fresh eggs and poultry to meet the needs of the community. They value sustainability, transparency, and supporting local agriculture. Our goal is to provide wholesome, nourishing products that contribute to the health and well-being of their customers.

### Products

Fresh Vegetables • Herbal Tea • Herbal Tinctures  
Herbal Salves • Fresh Eggs

916 230-9456 or 916 841-7732  
valhallafarmswv@gmail.com  
www.highpriestessgoods.square.site | @valhallafarmswv



### Find Us

You can find their products on the farm, at pop-up farmers markets and online.

Calhoun County | 4521 Nicut Road | Orma, WV 25268

## White Picket Farm, LLC

White Picket Farm LLC is an on-farm flower experience that evokes inspiration! Added to the farm this year is 'Peasy' a lemonade trailer serving fresh-squeezed hand shaken lemonade.

### Products

Cut Flowers • Lemonade Truck

304-481-9960 | Facebook.com/whitepicketfarm  
whitepicketfarmllc@gmail.com | @whitepicket\_farm  
www.whitepicketfarmllc.com



### Find Us

You can find their products direct from the farm, Dick's Market and Deli and Moore's Piggly Wiggly in Elizabeth, WV.

Wirt County | 151 Mingo Woods Drive | Elizabeth, WV 26143