**Apple Cookies**

“Wonderfully moist and tasty.”

- 2 cups peeled, chopped apples
- 1 cup strong coffee
- 1 cup granulated sugar
- 1 cup raisins
- ½ cup butter, softened
- 1 teaspoon ground cinnamon
- ¼ teaspoon ground nutmeg
- ¼ teaspoon ground cloves
- ¾ teaspoon ground nutmeg
- ¾ teaspoon ground cloves
- ¼ teaspoon salt
- 1 teaspoon soda
- 1 teaspoon vanilla extract
- 1 cup chopped nuts

Combine first 8 Ingredients in a saucepan; cook over low heat until apples are tender. Remove from heat; cool. Combine flour, salt, and soda; stir into apple mixture. Add vanilla and nuts, stirring well. Drop by teaspoonfuls onto ungreased cookie sheet. Bake at 375°F for 15 minutes. Yield: 4½ dozen.

---

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When Buying Apples, Keep These Things In Mind . . .

The condition of the apple is important. If you plan on storing apples for a period of time, purchase those that are firm and free from bruises. Slightly bruised apples can be an economical buy if they are used right away. Culls and drop apples may be purchased during the harvest period from orchards at low prices. Use apples that have bruises or skin breaks for jelly, apple butter or cider, as they are a poor choice for canning or freezing.

When purchasing apples for out-of-hand eating or to be used in salads, maturity is the important factor to consider. Color usually indicates maturity to the consumer. The background color should be considered carefully. It should be greenish-yellow to yellow. A red apple is not fully mature when the background is green. The same holds true for yellow varieties. The amount of red color also indicates maturity, but many new red strains of apples color up before they are actually mature for eating. The size of the apple is not an indicator of maturity.

How Many Apples To Buy?

Medium-size apples are 2½”-2¾” in diameter and are usually chosen for general use, while the larger apples are desired for baking. Small apples or “Trick or Treat” apples are suitable for snacks and lunch boxes.

Medium-size apples: 1 pound equals 2-3 apples; 1 peck (12 pounds) equals 24-36 apples; 1 bushel (48 pounds) equals 96-144 apples; 1 box equals 113-138 apples.

You need 6-8 medium apples for a 9” pie. 1 pound for 1½ cups of applesauce, and 1 bushel for 32-40 pints of frozen or canned apples.

Tips On Apples . . .

- Add lemon juice to sliced raw apples and pies to prevent darkening and to accent flavor.
- More vitamins and minerals are saved when apples are used without paring them.
- Store in a cool and moist place to reduce shriveling.
- Store in large quantities, for longer periods, below 50°F.
- “A rotten apple can spoil the barrel”, so sort apples often.
- Store away from strong-flavored foods.

Are West Virginia Apples Labeled or Graded?

West Virginia law provides that “each closed container of apples offered or transported for sale shall be labeled.” This label must carry:

- Name and address of the grower or packer.
- Grade or Quality classification.
- Variety
- Medium size, and
- Net weight or numerical count (if not packed in a standard container as peck, half bushel or bushel.)

The law does not necessarily apply when apples are purchased by the consumer on the grower’s premises.

Controlled Atmosphere (C-A) Apples . . .

Tasty-fresh juicy apples are now available as an all season fruit - thanks to Controlled Atmosphere or “C-A” storage facilities. By controlling the components of the air within a “C-A” storage, oxygen is removed and replaced with carbon dioxide, which greatly retards the natural ripening process of the fruit. A September fresh apple may now be enjoyed in June or July. Many West Virginia cold storages are incorporating “C-A” equipment in their operation.

Serve Cheese With Apples . . .

Some suggestions for serving apples with cheese — serve as the dessert or after the dessert. Try your own ideas for combinations.

---

Chunky Apple Cake with Butterscotch Sauce
First-Place Apple Dessert Contest
W.Va. State Fair, 2007

½ cup butter, softened
2 cups sugar
1 teaspoon vanilla
2 eggs
2 cups all-purpose flour
2 teaspoons cinnamon
1 teaspoon nutmeg
½ teaspoon baking soda
1 cup packed brown sugar
1½ cups butter, cubed
1 cup heavy cream

In large mixing bowl, cream butter, sugar and vanilla. Add eggs, one at a time, beating well after each addition. Combine flour, cinnamon, nutmeg, salt and baking soda. Gradually add to creamed mixture and mix well. Stir in apples until well combined. Spread into greased 13”x9” baking pan. Bake at 350°F for 40-45 minutes or until top is lightly browned and springs back when touched. Cool at least 30 minutes before serving.


---

Apple-Sausage Breakfast Cake

4 sausage patties
2 tart apples, peeled, cored and sliced (about ¼” thick)
2 tablespoons brown sugar
1 teaspoon cinnamon
1 tablespoon butter
1½ cups pancake batter

In large skillet, saute sausage until browned. Pour off any fat from skillet. Add apple slices, sprinkle with brown sugar and cinnamon. Saute for 1-2 minutes until apples just lose their crispness. Set aside.

Place butter in well-seasoned 9” iron skillet and heat in 450°F oven until bubbly and hot. Arrange sausage in pan, cover with apples, distributing evenly. Pour batter over apples and bake until nicely browned, about 8-15 minutes. Cut into pie-shaped wedges and serve immediately.
**Apple Dapple Cake**

1 ¼ cups oil  
2 cups sugar  
3 eggs  
1 teaspoon baking soda  
1 teaspoon salt  
3 cups flour  
1 teaspoon cinnamon  
3 cups diced apples

| 1 cup pecans  | 1 cup golden raisins  | 1 teaspoon vanilla |

Cream together oil, sugar and eggs in large bowl. Sift together baking soda, salt, flour and cinnamon; add to creamed mixture stirring well. Fold in apples, nuts, raisins and vanilla. Pour into greased tube pan. Bake at 350°F for 1 hour and 20 minutes. Test with cake tester to be sure it is done before removing from oven. Cake will be done when cake tester comes out clean.

**Topping:** Combine ingredients in small saucepan. Bring mixture to boil, stirring constantly. Boil 3 minutes and pour over cake while both are still warm. Cut cake loose from sides of pan and punch holes in top of cake with fork. Let set 10 minutes; remove from pan.

---

**Apple Tarte Tatin**

*Margie West – First Place*  
*Orr’s Farm Market Apple Dessert Recipe Competition*

5 apples, peeled, thickly sliced  
½ teaspoon cinnamon (or more, to taste)  
½ teaspoon nutmeg  
2 tablespoons sugar (or more, to taste)

| Dash of salt  | 1 sheet puff pastry |

Preheat oven to 400°F. Mix apples, cinnamon, nutmeg, sugar and salt together. Take 4 large ramekins and pour caramel ganache into bottoms; arrange apple slices into each ramekin. Roll out puff pastry. Cut circles slightly larger than ramekin. Place on top of apples and cut 3 slices in pastry so steam will escape. Bake 20-25 minutes. Let rest 15 minutes. Put a dinner plate over ramekin. Turn it over and slowly remove ramekin.

**Caramel Ganache:** Add water, corn syrup and sugar to pot. Cook over low heat until sugar is melted and syrup starts to turn an amber color. Take pot off burner; slowly add heavy cream. Stir until all is incorporated. Return pot to heat for a few minutes, stirring constantly.

---

**Common West Virginia Apples**

<table>
<thead>
<tr>
<th>Variety</th>
<th>Season</th>
<th>Characteristics</th>
<th>Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yellow Transparent</td>
<td>Late July - Early August</td>
<td>Green-white in color, turning to pale yellow. Flavor is acid and pleasant.</td>
<td>Good for applesauce and general use.</td>
</tr>
<tr>
<td>Lodi</td>
<td>Late July - Early August</td>
<td>About same quality and flavor as Transparent except fruit is much larger and does not bruise as readily.</td>
<td>Good for applesauce and general use.</td>
</tr>
<tr>
<td>Summer Rambo</td>
<td>August</td>
<td>Red striped in color, very large. Tender and juicy.</td>
<td>Excellent for cooking or eating as fresh fruit.</td>
</tr>
<tr>
<td>McIntosh</td>
<td>September</td>
<td>Partially red, striped in color with a green or yellow tinge. Fine-grained flesh and high in flavor.</td>
<td>Good for eating as fresh fruit, baking and applesauce.</td>
</tr>
<tr>
<td>Grimes Golden</td>
<td>September</td>
<td>A large round golden yellow apple with a delicious tart-sweet flavor.</td>
<td>Excellent for applesauce, pie, or, raw.</td>
</tr>
<tr>
<td>Jonathan</td>
<td>Mid September - Mid October</td>
<td>A medium sized round apple, bright red in color, touched with yellow. The flesh is pleasantly tart.</td>
<td>Excellent for eating raw, baking and in pies. Good for salad and applesauce.</td>
</tr>
<tr>
<td>Red Delicious</td>
<td>Mid September - Mid October</td>
<td>A large, long apple with five small knobs at end of fruit opposite stem. Color usually dark red. Sweet, crisp, fine grained flesh.</td>
<td>Especially good for eating &amp; salad.</td>
</tr>
<tr>
<td>Northwestern Greeting</td>
<td>Late August - Early October</td>
<td>Fruit is large with a greenish yellow skin. The flesh is crisp, yellow, firm and juicy with a mild sub acid flavor.</td>
<td>Good for baking, cooking &amp; pies.</td>
</tr>
<tr>
<td>Cameo</td>
<td>Late September - Early October</td>
<td>Bright red stripe over creamy orange. Firm and crisp with sweet, tart flavor.</td>
<td>General use.</td>
</tr>
<tr>
<td>Fuji</td>
<td>Mid - Late October</td>
<td>Yellow-green with red highlights, but will sometimes have a pinkish blush or nearly all red.</td>
<td>Excellent for eating fresh &amp; salads; good for pies &amp; applesauce.</td>
</tr>
<tr>
<td>Cripps Pink (or Pink Lady)</td>
<td>Late October</td>
<td>Pink hue mixed with a green “background.” Firm, crisp, sweet and tart.</td>
<td>General use.</td>
</tr>
<tr>
<td>Rome Beauty</td>
<td>Late October - Early November</td>
<td>Red striped, mingled with yellow. Greenish around stem. Tart, crisp and moderately juicy.</td>
<td>Excellent for baking &amp; cooking.</td>
</tr>
<tr>
<td>York</td>
<td>Late October - Early November</td>
<td>Apple is hard and oblong in shape. Red striped in color. Good as a late keeper.</td>
<td>Excellent for baking &amp; cooking.</td>
</tr>
</tbody>
</table>
Apple Stuffed Chicken Breasts

4 boneless, skinless chicken breasts  2 medium cooking apples (peeled and cut into thin slices)
2 tablespoons sugar  1 cup apple cider
¼ teaspoon ground cinnamon  1 tablespoon cornstarch
Salt and pepper to taste

Place chicken breasts between two pieces of wax paper and pound until ⅛" thick. Mix sugar and cinnamon and coat apples well. Divide apple slices among chicken breast halves. Fold chicken around apple slices and secure with toothpicks. Salt and pepper to taste. Cook over medium heat 20-25 minutes or until juices from chicken breasts run clear. Remove toothpicks.

In one-quart saucepan, mix apple cider and cornstarch. Cook over medium heat, stirring constantly, until thickened and bubbly. Spoon over chicken and serve.

Crockpot Apple Butter

4 quarts peeled and sliced apples  2 medium cooking apples
3 cups sugar or sweeten to taste (peeled and cut into thin slices)
1 ¼ teaspoons cinnamon  1 cup apple cider
¼ teaspoon allspice  1 tablespoon cornstarch
Salt and pepper to taste

Place apples in crockpot or slow cooker; add small amount of water to prevent sticking.

Cover; cook for 2 hours on low heat. Uncover, mash any large pieces of apples, add sugar and spices; cook for 2 more hours, stirring occasionally until desired consistency is reached.

Pour apple butter into sterilized pint canning jars, cover with prepared canning lids and jar bands. Process in boiling water bath 5-10 minutes. Let cool; store in cool dark place.

Apple Wedges with Ham Dip

Deviled ham is a natural with apples. So forget the potato chips this time, and use crisp, juicy, red-skinned apples for the dipping.

1 3-ounce can deviled ham
1 ¼ teaspoon Worcestershire sauce
4 tablespoons cream cheese, softened
Dash Tabasco sauce
Onion juice or onion powder to taste

2 tablespoons sour cream
2 tablespoons minced fresh parsley
1 tablespoon mayonnaise
1 ¼ teaspoon prepared mustard
2 red-skinned apples, unpared, cut in fairly thick wedges

Combine all ingredients except apples. Blend until smooth; chill. Serve mounded, in small bowl, sprinkled with a little additional minced fresh parsley. Arrange apple wedges around dip. Provide cocktail toothpicks or use fingers to dip apple wedges into ham mixture. Makes approximately ⅛ cup.

Apple Butter Pork Loin

2 1½-pound pork tenderloins
Seasoning salt, to taste
2 cups apple juice
½ cup apple butter

¼ cup brown sugar
2 tablespoons water
2 tablespoons minced fresh parsley
1 ¼ teaspoon ground cinnamon
1 ¼ teaspoon ground cloves

Preheat oven to 350°F. Season pork with seasoning salt; place in 9”x13” baking dish or small roasting pan. Pour apple juice over pork, cover with aluminum foil; bake for 1 hour.

While pork is roasting, mix together apple butter, brown sugar, water, cinnamon and cloves.

After 1 hour, remove pork from oven. Remove aluminum foil; spread apple butter mixture over the pork. Cover pan again with aluminum foil; return to oven; bake 2 hours or until fork tender.

Paper Bag Apple Pie

4-5 tart apples (Granny Smith, Rome, McIntosh)
1 cup sugar
⅛ teaspoon nutmeg
2 tablespoons lemon juice

⅓ cup brown sugar
2 tablespoons flour
⅛ teaspoon nutmeg
2 tablespoons lemon juice

Preheat oven to 425°F. Peel and slice apples; place in large bowl with sugar, flour, nutmeg and lemon juice. Stir to coat apples with dry ingredients and lemon juice. Spoon coated apple slices into unbaked pie shell.

Topping: Place brown sugar and flour in bowl; cut butter into dry mixture using a pastry blender, fork or two knives. Sprinkle evenly over apples, covering top of the pie. Place pie in large, heavy brown paper bag. Fold twice to seal. Bake at 425°F for 1 hour. Remove from paper bag; cool on rack.

Apple Slaw

1 unpeeled red apple, diced
4 cups shredded cabbage
½ cup red onion, chopped
1 green bell pepper

⅓ cup fat-free, light vanilla yogurt
2 tablespoons orange juice
Dash of cinnamon

Combine all ingredients in medium-sized mixing bowl; stir well. Refrigerate until ready to serve.
**Apple Meat Loaf**

<table>
<thead>
<tr>
<th>2 1/2 cups coarsely chopped apples</th>
<th>1 cup chopped walnuts</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 cups sugar</td>
<td>Lemon Butter Frosting</td>
</tr>
<tr>
<td>2 eggs</td>
<td>4 tablespoons butter or margarine</td>
</tr>
<tr>
<td>1/2 cup vegetable oil</td>
<td>3 cups Confectioner's sugar</td>
</tr>
<tr>
<td>2 teaspoons vanilla</td>
<td>2 tablespoons lemon juice</td>
</tr>
<tr>
<td>2 cups sifted all-purpose flour</td>
<td>1-2 tablespoons cold water</td>
</tr>
<tr>
<td>2 teaspoons baking soda</td>
<td>Pinch of salt</td>
</tr>
<tr>
<td>2 teaspoons cinnamon</td>
<td></td>
</tr>
<tr>
<td>1 teaspoon salt</td>
<td></td>
</tr>
</tbody>
</table>

**Cake:** Combine apples and sugar, let stand. Beat eggs slightly; beat in oil and vanilla. Mix and sift flour, baking soda, cinnamon and salt; stir in alternately with apple-sugar mixture. Stir into walnuts. Pour into greased and floured 13"x9"x2" pan. Bake at 350°F about 1 hour, or until cake tests done. Let stand in pan until cool, turn out on rack; complete cooling. Frost with **Lemon Butter Frosting**; decorate with whole walnut meats. Cut in squares to serve. Makes 12-15 squares.

**Frosting:** Cream butter or margarine; add sugar gradually, creaming thoroughly. Beat in lemon juice and enough cold water to make a spreading consistency. Beat in salt. Spread on cake. Makes about 3 1/2 cups frosting.

**Honey-Crust Apples**

<table>
<thead>
<tr>
<th>1/4 cup chopped dates</th>
<th>1/4 cup graham cracker crumbs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/4 cup honey</td>
<td>1 teaspoon cinnamon</td>
</tr>
<tr>
<td>2 tablespoons chopped pecans</td>
<td>6 baking apples</td>
</tr>
<tr>
<td>2 teaspoons grated lemon peel</td>
<td>1/3 cup melted butter</td>
</tr>
<tr>
<td>1/2 cup melted butter</td>
<td>1 teaspoon honey</td>
</tr>
</tbody>
</table>

Combine dates, 1/4 cup honey, pecans and lemon peel. Combine graham cracker crumbs and cinnamon. Core apples and peel top third of each. Brush with melted butter; roll apples in cracker crumbs. Place apples in 10"x6"x2" inch baking dish. Spoon date mixture into center hole; pour remaining butter and honey over and around apples. Bake at 400°F for 30 minutes or until done. Spoon honey over apples every 10 minutes. Makes 6 servings.

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**Individual Pork Chop “Roasts” with Savory Apple Stuffing**

**Stuffing:**

| 2 1/2 cups toasted bread cubes | 1 small onion, chopped |
| 1/4 cup melted butter          | 1 tablespoon chopped parsley, optional |
| 1/4 cup chopped raisins        | 1 cup applesauce |
| 1/2 teaspoon salt              | 12 pork chops, thin-cut (1/4" rib or loin) |
| 1/2 teaspoon sage              | Bowl of applesauce |

Combine and mix stuffing ingredients. Arrange 6 pork chops in a single layer in baking pan; place stuffing mixture on each chop. Add second chop over stuffing and secure with toothpicks. Cover and roast in 400°F oven for 40 minutes. Remove cover, reduce heat to 350°F and continue roasting until fork tender, about 1 hour. Serve with additional applesauce as garnish. Serves 6.

**Apple Bacon Pancakes**

| 1/2 cup apple cider           | 1/4 teaspoon baking soda  |
| 3 tablespoons light brown sugar, packed and divided | 1 large egg |
| 1 1/2 teaspoons lemon juice  | 1 large egg white |
| 1 1/2 teaspoons cornstarch   | 1/2 cup buttermilk |
| 1/2 cup whole-wheat pastry flour | 1 cup apple (peeled and diced) |
| 1/4 cup all-purpose flour     | 4 slices bacon (cooked and crumbled) |
| 1 teaspoon baking powder     | 1 teaspoon canola oil |

Combine cider, 2 tablespoons brown sugar, lemon juice and cornstarch in small saucepan. Bring to boil over medium heat, whisking and cooking until thickened, approximately 1-2 minutes. Set aside.

Whisk whole wheat flour, all-purpose flour, baking powder, baking soda and remaining brown sugar in small bowl. Stir in dry ingredients, apples and bacon until just combined. Batter will be thick.

Brush nonstick skillet with 1/2 teaspoon canola oil; place over medium heat until hot. Cook 4 pancakes at a time, using 1/4 cup batter for each pancake. Gently spread batter to a 3"-4" circle. Serve with your favorite syrup or topping.
**West Virginia Fresh Apple Cake**

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>3 cups chopped raw apples</td>
<td>1 ½ cups oil (use corn oil)</td>
<td>Easy Foundation Sauce</td>
</tr>
<tr>
<td>2 cups sugar</td>
<td>2 large eggs</td>
<td>1 cup sugar</td>
</tr>
<tr>
<td>1 teaspoon salt</td>
<td>1 teaspoon soda</td>
<td>2 tablespoons butter</td>
</tr>
<tr>
<td>2 teaspoons baking powder</td>
<td>2 ½ cups all-purpose flour</td>
<td>2 tablespoons cornstarch</td>
</tr>
<tr>
<td>1 package butterscotch chips</td>
<td>1 teaspoon vanilla extract</td>
<td>1 cup boiling water</td>
</tr>
<tr>
<td>(chocolate, caramel or lemon may be used)</td>
<td>1 cup chopped pecans</td>
<td>½ teaspoon salt</td>
</tr>
</tbody>
</table>

Cake: Prepare raw apples and set aside. Measure oil into large mixing bowl; add sugar and eggs. Beat with electric mixer on slow speed until creamy. Sift flour and measure. Sift again with salt, soda and baking powder. Add small amount of flour mixture at a time to creamed mixture. Beat well after each addition. When all flour has been added, or when batter becomes stiff, remove mixer. Fold in chopped pecans and raw apples. Spread evenly in 9"x13" cake pan lined on bottom with waxed paper. Bake at 350°F for 55-60 minutes. Cool on cake rack.

Sauce: Combine all ingredients except chips in saucepan; mix well. Add chips; stir until melted and well blended. Serve hot over apple cake.

---

**Cottage Apple Ring**

<table>
<thead>
<tr>
<th>Apple Mixture</th>
<th>Cream Mixture</th>
<th>Crumb Topping</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 Jonathan apples, peeled and sliced</td>
<td>½ cup sour cream</td>
<td>1 cup flour</td>
</tr>
<tr>
<td>¼ cup sugar</td>
<td>½ cup condensed milk</td>
<td>½ cup butter, softened</td>
</tr>
<tr>
<td>1 teaspoon lemon juice</td>
<td>½ cup cream cheese</td>
<td>½ cup granulated sugar</td>
</tr>
<tr>
<td>1 teaspoon cinnamon</td>
<td>½ teaspoon vanilla</td>
<td>½ cup brown sugar</td>
</tr>
</tbody>
</table>

Toss apples with sugar, lemon juice and cinnamon. In mixing bowl, blend all ingredients for cream mixture on high 2-3 minutes until smooth.

Blend cream mixture with apple mixture. Pour ½ apple mixture into a graham cracker crust, layer 2 sheets of candy apple caramel, pour on remaining apple mixture; cover with crumb topping.

---

**Cloud 9 Candy Apple Pie**

*Second Place, by Toby Clarke*  
*Orr’s Farm Market Apple Dessert Recipe Competition*

<table>
<thead>
<tr>
<th>Apple Side Up</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1 egg</td>
<td>2 tablespoons sugar</td>
<td>2 cups apples, pared &amp; shredded or coarsely grated</td>
</tr>
<tr>
<td>1 teaspoon West Virginia honey</td>
<td>½ teaspoon cinnamon</td>
<td>¾ cup sifted all-purpose flour</td>
</tr>
<tr>
<td>¼ cup apple juice</td>
<td>3 eggs, beaten</td>
<td>2 egg whites, beaten stiff</td>
</tr>
</tbody>
</table>

Combine all ingredients; beat or shake until well blended. Pour into tall glass. Makes 1 serving.

---

**Fried Apple Puffs**

Not quite a fritter, not quite a pancake, these hot tasty little apple puffs glazed with cinnamon and sugar are irresistible with pork, pot roast or poultry.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>2 tablespoons sugar</td>
<td>2 cups apples, pared &amp; shredded or coarsely grated</td>
<td>Shortening</td>
</tr>
<tr>
<td>½ teaspoon cinnamon</td>
<td>¾ cup sifted all-purpose flour</td>
<td>Sharp Cheese</td>
</tr>
</tbody>
</table>

Add sugar and cinnamon to beaten eggs. Stir in apples. Stir in flour just to blend. Fold in egg whites.

Drop by tablespoonfuls onto hot, well-greased griddle. Puffs should be about 2" diameter. Cook like griddle-cakes until bottoms are golden brown. Turn, sprinkle baked side lightly with sugar and cinnamon. Continue baking until bottoms are golden brown. Serve at once. Makes about 20 medium puffs.

---

**West Virginia Fried Apple Pies**

Fried apple pies are old-fashioned, but may be new to you. Old or new, they make great eating.

Donut dough recipe  
2 tablespoons thick, sweetened spiced applesauce  
Shortening  
Sharp Cheese

Prepare your favorite recipe for donut dough. Roll out ¼” thick; cut into 6” rounds. Place 2 tablespoons applesauce in center of each round; moisten edges; fold over; press edges firmly together with fork tines. Fry in shallow shortening (1½” deep) heated to 365°F until puffed and brown. Drain on absorbent paper. Serve with sharp cheese.