## Mida B. Peterson Rocking P Farm

Mida and her husband, Don, own and operate Rocking P Farm in Lewis County along the Staunton to Parkersburg Turnpike. She assists with 50 head of registered Angus cattle from calving to hay making and preparing the animals for exhibit at the WV Angus Beef Show and the State Fair of West Virginia. She also keeps the financial records for the farm. She serves as the project leader in the local 4-H club assisting 4-H members with livestock projects. She also serves on the Lewis County Jamboree committee. Mida is a 40-year member of the WV Farm Bureau. She and Don were the first man and wife team to be enshrined into the West Virginia Agriculture and Forestry Hall of Fame. Mida also is the pianist and choir director at her church and still finds time to quilt.

## **Catherine S. Bower**

#### West Virginia Department of Agriculture

Cathy was born in the small farming community of Union, WV. She spent her youth participating in 4-H and showing both horses and cattle at the State Fair of West Virginia. After graduating high school, she continued her education at WVU and graduated with a Bachelor of Science in Agriculture. She began her career at the West Virginia Department of Agriculture when a microbiologist position became available in 1986. She worked in both the meat and dairy labs before being named the assistant director. Cathy continued to serve the people of West Virginia as the Assistant Director of Regulatory and Environmental Affairs up until just before her death in 2009. Cathy had a passion for helping young people and was devoted to 4-H, serving in various positions within the organization.

# **Evelyn McGlothlin**

#### **Ordinary Evelyn's**

Evelyn McGlothlin began her business, Ordinary Evelyn's, at the age of 55, proving you are never to old to start a new adventure. Evelyn makes many of her products one batch at a time in an ordinary kitchen stove in her homebased business in rural Clay County. She utilizes as many local ingredients as possible including wild elderberries, wild crab apples and blackberries. She also grows her own food including banana peppers, rhubarb, green beans and dill, all of which she uses in her recipes. While Evelyn may consider herself ordinary, her family says she's anything but. She's a dedicated wife, mother, grandmother and friend.

# **Helen Hardman**

#### **Terry Hardman Farm**

Helen and her husband, Terry, own and operate a 400-acre cow/calf farm in Horner, WV, which has been in the family for three generations. Helen received her BA from Glenville State College in Business Administration and completed her Master's Degree in Corporate Communication and Organizational Specialization in 2003 from WVU, all while employed full time for the WVU Extension Services. She worked with Extension for 17 years. In 2007 she was hired by the WV Farm Bureau where she developed, coordinated and directed the Mobile Agriculture Education Science Lab. Helen stayed active with 4-H as an assistant leader and helped two of her grandchildren

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with their show lambs. She is a member of the WV Farm Bureau Women's Leadership Committee and the WV Cattlemen's Association.