

HUNTINGTON TRI-STATE LOCALLY SOURCED DIRECTORY

# LOCAL FOOD GUIDE

**FIND A FARMER'S  
MARKET NEAR  
YOU**

**DINING OUT?**

Support the  
restaurants that  
support local farms

**EATING  
CLEAN &  
GREEN?**

Shop direct with  
meat, egg & produce  
growers

**SHOP ONLINE**

Shop for local foods  
online with Turnrow  
Appalachian Farm  
Collective

**JOIN A CSA**

Learn where to sign  
up for a weekly box  
of farm goods

**WHERE TO SHOP FOR LOCAL FOODS IN  
SOUTHWEST WEST VIRGINIA**

ISSUE 1 | VOL 1 | SPRING 2020

Direct to Consumer Sales	Website, Facebook, Email	City, State, County
<b>Farms Operating a CSA – Subscription Farm Box</b>		
Gritt's Farm CSA Program	<a href="https://www.facebook.com/GrittsFarm/">https://www.facebook.com/GrittsFarm/</a>	Buffalo, WV, Putnam County
Hudson Farm CSA Program	<a href="https://www.facebook.com/Hudson-Farms">https://www.facebook.com/Hudson-Farms</a>	Charleston, WV Kanawha County
Hernshaw Farms Mushroom CSA	<a href="https://www.facebook.com/mine2farm">https://www.facebook.com/mine2farm</a>	Hernshaw, WV, Kanawha County
Williamson Farmer's Market CSA	<a href="https://www.facebook.com/WilliamsonFarmersMarket/">https://www.facebook.com/WilliamsonFarmersMarket/</a>	Williamson, WV, Mingo County
Eden's Harvest CSA Program	<a href="https://www.facebook.com/theEdensHarvest/">https://www.facebook.com/theEdensHarvest/</a>	Rush, KY, Boyd County
Hope Homestead CSA	<a href="http://www.hopehomestead.com">www.hopehomestead.com</a>	Gallipolis, OH, Gallia County
Wayne Farmer's Market CSA Program	<a href="https://www.facebook.com/FridayFarmersMarketOutWayne/">https://www.facebook.com/FridayFarmersMarketOutWayne/</a>	Wayne, WV, Wayne County
<b>Eggs (Chicken, Duck &amp; Quail)</b>		
Hillbilly Hens Egg Company	<a href="mailto:hillbilly.hens.eggs@gmail.com">hillbilly.hens.eggs@gmail.com</a>	Culloden, WV, Cabell County
Mountain Top Meadows	<a href="mailto:drobinson22255@gmail.com">drobinson22255@gmail.com</a>	Sod, WV, Lincoln County
Eden's Harvest	<a href="https://www.facebook.com/theEdensHarvest/">https://www.facebook.com/theEdensHarvest/</a>	Rush, KY, Boyd County
Rocky Knob Farm	<a href="https://www.facebook.com/jason.ekers">https://www.facebook.com/jason.ekers</a>	Prichard, WV, Wayne County
Hope Homestead	<a href="http://www.hopehomestead.com">www.hopehomestead.com</a>	Gallipolis, OH, Gallia County
Winters Produce	<a href="mailto:Zackwinters05@gmail.com">Zackwinters05@gmail.com</a>	Huntington, WV Cabell County
Four Season Farm	<a href="mailto:Fourseasonfarm@ymail.com">Fourseasonfarm@ymail.com</a>	Leon, WV, Mason County
Glory Valley Farm	<a href="mailto:jstamprealtor@aol.com">jstamprealtor@aol.com</a>	Prichard, WV, Wayne County
Upa' Hollow Farm	<a href="mailto:upahollow60@hotmail.com">upahollow60@hotmail.com</a>	Culloden, WV, Cabell County
<b>Chicken &amp; Turkey:</b>		
Rainy Day Farm	<a href="https://www.facebook.com/rainydayfarmwv/">https://www.facebook.com/rainydayfarmwv/</a>	Red House, WV, Putnam County
Fifth Season Farms	<a href="mailto:fifthseasonfarmswv@gmail.com">fifthseasonfarmswv@gmail.com</a>	Nallen, WV, Fayette County
Elmcrest Farm	<a href="https://www.facebook.com/ElmcrestFarm/">https://www.facebook.com/ElmcrestFarm/</a>	Wayne, WV, Wayne County
Eden's Harvest	<a href="https://www.facebook.com/theEdensHarvest/">https://www.facebook.com/theEdensHarvest/</a>	Rush, KY, Boyd County
Nelson Family Farms	<a href="https://www.facebook.com/TheNelsonFamilyFarm/">https://www.facebook.com/TheNelsonFamilyFarm/</a>	Ripley, WV, Jackson County
<b>Rabbit</b>		
Suggest an area farmer today!		
<b>Pork:</b>		
Eden's Harvest	<a href="https://www.facebook.com/theEdensHarvest/">https://www.facebook.com/theEdensHarvest/</a>	Rush, KY, Body County



Rocky Knob Farm	<a href="https://www.facebook.com/jason.ekers">https://www.facebook.com/jason.ekers</a>	Prichard, WV, Wayne County
Powell's Farm	<a href="https://www.facebook.com/powellsfarm.powellsfarm">https://www.facebook.com/powellsfarm.powellsfarm</a>	Ashland, KY, Boyd County
V&J Farms	<a href="https://www.facebook.com/VandJFarms/">https://www.facebook.com/VandJFarms/</a>	Scott Depot, WV, Putnam County
<b>Lamb</b>		
V&J Farms	<a href="https://www.facebook.com/VandJFarms/">https://www.facebook.com/VandJFarms/</a>	Scott Depot, WV, Putnam County
<b>Bison</b>		
Suggest an area farmer today!		
<b>Goat</b>		
Upa' Hollow Farm	<a href="mailto:upahollow60@hotmail.com">upahollow60@hotmail.com</a>	Culloden, WV, Cabell County
<b>Beef:</b>		
Eden's Harvest	<a href="https://www.facebook.com/theEdensHarvest/">https://www.facebook.com/theEdensHarvest/</a>	Rush, KY, Body County
Kelly Farms	<a href="mailto:hnsprouse@gmail.com">hnsprouse@gmail.com</a>	Hurricane, WV, Putnam County
Plybon & Selbee Farms	<a href="mailto:d.selbee91@gmail.com">d.selbee91@gmail.com</a>	Huntington, WV, Cabell County
V&J Farms	<a href="https://www.facebook.com/VandJFarms/">https://www.facebook.com/VandJFarms/</a>	Scott Depot, WV, Putnam County
Thankful Valley Farms	<a href="https://www.facebook.com/thankfulvalley/">https://www.facebook.com/thankfulvalley/</a>	Leon, WV, Mason County
<b>Produce (Fruit &amp; Veggies):</b>		
Kelly Farms	<a href="mailto:hnsprouse@gmail.com">hnsprouse@gmail.com</a>	Hurricane, WV, Putnam County
Berry Farms	<a href="mailto:berry.farms.wv@gmail.com">berry.farms.wv@gmail.com</a>	Yawkey, WV, Lincoln County
Punkin's Produce	<a href="mailto:earlhill2017@gmail.com">earlhill2017@gmail.com</a>	Chapmanville, WV, Boone County
Spruce Creek Farm	<a href="mailto:wilson.loretha@yahoo.com">wilson.loretha@yahoo.com</a>	Fort Gay, WV, Wayne County
Bob Pyle's Farm	<a href="mailto:mpyles@k12.wv.us">mpyles@k12.wv.us</a>	Gallipolis Ferry, WV, Mason County
Sweetland Farm	<a href="mailto:nrroberts56@gmail.com">nrroberts56@gmail.com</a>	Hamlin, WV, Lincoln County
Left Fork Farms	<a href="mailto:ldbell40@gmail.com">ldbell40@gmail.com</a>	Wayne, WV, Wayne County
Rocky Knob Farm	<a href="https://www.facebook.com/jason.ekers">https://www.facebook.com/jason.ekers</a>	Prichard, WV, Wayne County
Winters Produce	<a href="mailto:Zackwinters05@gmail.com">Zackwinters05@gmail.com</a>	Huntington, WV, Cabell County
Eden's Harvest	<a href="https://www.facebook.com/theEdensHarvest/">https://www.facebook.com/theEdensHarvest/</a>	Rush, KY, Boyd County
Hill n' Hollow Family Farm	<a href="mailto:Hillnhollowffsw@gmail.com">Hillnhollowffsw@gmail.com</a>	Griffithsville, WV, Lincoln County
LeJa Produce, LLC	<a href="mailto:lejaproduce@gmail.com">lejaproduce@gmail.com</a>	Hurricane, WV Putnam County
Hope Homestead Farm	<a href="https://www.facebook.com/HopeHomesteadFarms">https://www.facebook.com/HopeHomesteadFarms</a>	Crown City, OH, Gallia County



Michael Baumann	<a href="https://www.facebook.com/michael.baumann.5070">https://www.facebook.com/michael.baumann.5070</a>	Kenova, WV, Wayne County
Four Seasons Farm	<a href="mailto:Fourseasonsfarm@ymail.com">Fourseasonsfarm@ymail.com</a>	Leon, WV, Mason County
Gritt's Midway Greenhouse	<a href="https://www.facebook.com/GrittsMidwayGreenhouse/">https://www.facebook.com/GrittsMidwayGreenhouse/</a> <a href="http://www.facebook.com/GrittsMidwayGreenhouse/">http://www.facebook.com/GrittsMidwayGreenhouse/</a>	Redhouse, WV, Putnam County
Sweet Bee Gardens	<a href="https://www.facebook.com/Sweet-Bee-Gardens-Greenup-KY">https://www.facebook.com/Sweet-Bee-Gardens-Greenup-KY</a>	Greenup, KY, Greenup County
Turnrow Appalachian Farm Collective	<a href="https://www.facebook.com/TurnrowAppalachianFarmCollective/">https://www.facebook.com/TurnrowAppalachianFarmCollective/</a>	Statewide - WV
Refresh Appalachia	<a href="https://www.facebook.com/refreshappalachia/">https://www.facebook.com/refreshappalachia/</a>	Huntington, WV, Wayne County
Toms Creek Family Farm	<a href="https://www.facebook.com/tomscreekfamilfarm/">https://www.facebook.com/tomscreekfamilfarm/</a>	Wayne, WV, Wayne County
Gritt's Farm	<a href="https://www.facebook.com/GrittsFarm/">https://www.facebook.com/GrittsFarm/</a>	Buffalo, WV, Putnam County
Sweet Bee Gardens	<a href="https://www.facebook.com/Sweet-Bee-Gardens-Greenup-KY-113677733603867/">https://www.facebook.com/Sweet-Bee-Gardens-Greenup-KY-113677733603867/</a>	Greenup, KY, Greenup County
Upa' Hollow Farm	<a href="mailto:upahollow60@hotmail.com">upahollow60@hotmail.com</a>	Culloden, WV, Cabell County
Thankful Valley Farms	<a href="https://www.facebook.com/thankfulvalley/">https://www.facebook.com/thankfulvalley/</a>	Leon, Mason Count WV
Ronk's Family Farm	<a href="https://www.facebook.com/ronkmaplesyrup/">https://www.facebook.com/ronkmaplesyrup/</a>	Alum Creek, WV, Lincoln County
Angela Hunt	<a href="mailto:mchunt111@frontier.com">mchunt111@frontier.com</a>	Ona, WV, Cabell County
<b>Mushrooms</b>		
Hernshaw Farms	<a href="https://www.facebook.com/mine2farm/">https://www.facebook.com/mine2farm/</a>	Hernshaw, WV, Kanawha County
Elmcrest Farm	<a href="https://www.facebook.com/ElmcrestFarm/">https://www.facebook.com/ElmcrestFarm/</a>	Wayne, WV, Wayne County
<b>Dairy (Cow &amp; Goat):</b>		
Wildcat Mountain Cheese	<a href="mailto:wildcatmountaincheese@windstream.net">wildcatmountaincheese@windstream.net</a>	Bernstadt, KY, Laurel County
Snowville Creamery	<a href="https://www.facebook.com/SnowvilleCreamery/">https://www.facebook.com/SnowvilleCreamery/</a>	Pomeroy, OH, Gallia County
Meadow Branch Farms, LLC	<a href="https://www.facebook.com/MeadowBranchFarms/">https://www.facebook.com/MeadowBranchFarms/</a>	Bomont, WV, Clay County
<b>Honey</b>		
Woodhülle Management	<a href="mailto:cbalford72@gmail.com">cbalford72@gmail.com</a>	Sod, WV, Lincoln County



Four Season Farm	<a href="https://www.facebook.com/Four-Seasons-Farm-1001129866617319/">https://www.facebook.com/Four-Seasons-Farm-1001129866617319/</a>	Leon, West Virginia Mason County
Appalachian Apiculture	<a href="mailto:jpjones@mix.wvu.edu">jpjones@mix.wvu.edu</a>	Huntington, WV, Cabell County
Toms Creek Family Farm	<a href="https://www.facebook.com/to MSCREEKFAMILYFARM/">https://www.facebook.com/to MSCREEKFAMILYFARM/</a>	Wayne, WV, Wayne County
<b>Maple Syrup</b>		
Ronk's Family Farm	<a href="https://www.facebook.com/ronkmaplesyrup/">https://www.facebook.com/ronkmaplesyrup/</a>	Alum Creek, WV, Lincoln County
Hill n' Hollow Family Farm	<a href="https://www.facebook.com/Hillnhollowffandsugarworks/">https://www.facebook.com/Hillnhollowffandsugarworks/</a>	Griffithsville, WV, Lincoln County
Toms Creek Family Farm	<a href="https://www.facebook.com/to MSCREEKFAMILYFARM/">https://www.facebook.com/to MSCREEKFAMILYFARM/</a>	Wayne, WV, Wayne County
<b>Value Added &amp; Cottage Food Products</b>		
Angelika Hunt	<a href="mailto:mchunt111@frontier.com">mchunt111@frontier.com</a>	Ona, WV, Cabell County
Elmcrest Farm	<a href="https://www.facebook.com/ElmcrestFarm/">https://www.facebook.com/ElmcrestFarm/</a>	Wayne, WV, Wayne County
Recovery Teas	<a href="mailto:recoveryteawv@gmail.com">recoveryteawv@gmail.com</a>	Charleston, WV, Kanawha County
JQ Dickinson	<a href="https://www.facebook.com/jqd salt/">https://www.facebook.com/jqd salt/</a>	Malden, WV, Kanawha County
Golden-Aire Farm - Good Horse Scents	<a href="https://www.facebook.com/goodhorsescents/">https://www.facebook.com/goodhorsescents/</a>	Milton, WV, Cabell County
Glory Valley Farm	<a href="mailto:jstamprealor@aol.com">jstamprealor@aol.com</a>	Prichard, Wayne County, WV
Lisa's Jars of Love	<a href="mailto:lisaturley68@yahoo.com">lisaturley68@yahoo.com</a>	Huntington, WV, Wayne County
<b>Craft Beverages:</b>		
Elevate Elixirs	<a href="https://www.facebook.com/ElevateElixirs/">https://www.facebook.com/ElevateElixirs/</a>	Huntington, WV, Cabell County
Hill Tree Roastery	<a href="https://www.facebook.com/HillTreeRoastery/">https://www.facebook.com/HillTreeRoastery/</a>	Barboursville, WV, Cabell County
<b>Cut Flowers &amp; Plants:</b>		
Angelika Hunt	<a href="mailto:mchunt111@frontier.com">mchunt111@frontier.com</a>	Ona, WV, Cabell County
<b>Agritourism &amp; You Pick Farms</b>		
Country Road House & Berries	<a href="https://www.facebook.com/Country-Road-House-and-Berries">https://www.facebook.com/Country-Road-House-and-Berries</a>	Clendenin, WV, Kanawha County
<b>Farmer's Markets &amp; Local Food Outlets:</b>		
Ceredo Farmer's Market	<a href="https://www.facebook.com/to wnofceredo/">https://www.facebook.com/to wnofceredo/</a>	Ceredo, WV, Wayne County
Friday Farmer's Market Out Wayne	<a href="https://www.facebook.com/FridayFarmersMarketOutWayne/">https://www.facebook.com/FridayFarmersMarketOutWayne/</a>	Wayne, WV, Wayne County
The Wild Ramp	<a href="https://www.facebook.com/TheWildRampHuntingtonWV">https://www.facebook.com/TheWildRampHuntingtonWV</a>	Huntington, WV, Cabell County



Central City Market	<a href="https://www.facebook.com/ru4fresh/">https://www.facebook.com/ru4fresh/</a>	Huntington, WV, Cabell County
Barboursville Farmer's Market	<a href="https://www.facebook.com/bvillemarket/">https://www.facebook.com/bvillemarket/</a>	Barboursville, WV, Cabell County
Lincoln County Farmer's Market	<a href="https://www.facebook.com/groups/236029909828546/">https://www.facebook.com/groups/236029909828546/</a>	Hamlin, WV, Lincoln County
Putnam County Farmer's Market	<a href="https://www.facebook.com/putnamfarmersmarket/">https://www.facebook.com/putnamfarmersmarket/</a>	Hurricane, WV, Putnam County
Williamson Farmer's Market	<a href="https://www.facebook.com/WilliamsonFarmersMarket/">https://www.facebook.com/WilliamsonFarmersMarket/</a>	Williamson, WV, Mingo County
Turnrow - Online Farmer's Market	Facebook	Statewide
Mason County Farmer's Market	<a href="https://www.facebook.com/Mason-County-Farmers-Market">https://www.facebook.com/Mason-County-Farmers-Market</a>	Point Pleasant, WV, Mason County
Saint Albans Farmer's Market	<a href="https://www.facebook.com/saintalbanfarmersmarket/">https://www.facebook.com/saintalbanfarmersmarket/</a>	St. Albans, WV, Kanawha County
The Capitol Market	<a href="https://www.facebook.com/capitolmarket/">https://www.facebook.com/capitolmarket/</a>	Charleston, WV, Kanawha County
Sissonville Farmer's Market	<a href="https://www.facebook.com/Sissonville-Farmers-Market">https://www.facebook.com/Sissonville-Farmers-Market</a>	Sissonville, WV, Kanawha County
Alum Creek Rt. 119 Market	<a href="https://www.facebook.com/groups/236029909828546/">https://www.facebook.com/groups/236029909828546/</a>	Alum Creek, WV, Lincoln County
The Mound Market in South Charleston	<a href="https://www.facebook.com/events/3257806360916751/">https://www.facebook.com/events/3257806360916751/</a>	South Charleston, WV Kanawha County
McDowell County Mobile Market	<a href="https://www.facebook.com/YouthGardens/">https://www.facebook.com/YouthGardens/</a>	Mobile Market, McDowell County, WV
<b>Locally Sourced Restaurants &amp; Retailers</b>		
Butter It Up	<a href="https://www.facebook.com/butteritup/">https://www.facebook.com/butteritup/</a>	Huntington, WV Cabell County
Sunset Grille	<a href="https://www.facebook.com/sunsetgrillwv/">https://www.facebook.com/sunsetgrillwv/</a>	Huntington, WV Cabell County
The Bridge	<a href="https://www.facebook.com/bridgecafebistro/">https://www.facebook.com/bridgecafebistro/</a>	Hurricane, WV Putnam County
Bluegrass Kitchen	<a href="https://www.facebook.com/BluegrassKitchen/">https://www.facebook.com/BluegrassKitchen/</a>	Charleston, WV Kanawha County
Wholi Moli	<a href="https://www.facebook.com/wholimoli/">https://www.facebook.com/wholimoli/</a>	Barboursville, WV, Cabell County
34:Ate	<a href="https://www.facebook.com/34ate/">https://www.facebook.com/34ate/</a>	Williamson, WV, Mingo County
Calls Meat Market	<a href="https://www.facebook.com/callsmeatmarket/">https://www.facebook.com/callsmeatmarket/</a>	Hurricane, WV, Putnam County
Tulsi at the Market	<a href="https://www.facebook.com/tulsiwv/">https://www.facebook.com/tulsiwv/</a>	Huntington, WV, Cabell County



Hidden Creek Mercantile

<https://www.facebook.com/hiddencreekmercantile/>

Hurricane, WV, Putnam County

*This guide was produced by the WV Department of Agriculture Business Development Division. To list or request a removal of a business, or to suggest a correction, please contact Lacy Davidson Ferguson at [ldavidson@wvda.us](mailto:ldavidson@wvda.us) or (304) 546-7930.*

