Mildred E. Fizer



Mildred E. Fizer was born at Culloden, West Virginia, in Cabell County, on March 6, 1921. She graduated from Milton High School, received an A.B. degree in Elementary Education from Marshall University and an M.A. degree in Cooperative Extension Administration from the University of Wisconsin.

Miss Fizer had the honor of being the only woman to ever head a state 4-H program at the time of her appointment (1966) to that position. In her role as Cabell County 4-H agent (1946-1953), as State Girls Club agent (1953-1966), as State 4-H chairman (later changed to Division Leader) 1966-1978, and as a national leader who served on numerous committees and groups, she had tremendously positive impact on the many thousands of adult volunteers working with

4-H programs. It's also a credit to her skill and perseverance that, even with declining population, the number of participants in 4-H increased from 35,000 to over 55,000 during her tenure as State Director.

Miss Fizer's national reputation has been enhanced by the publication of several articles, a major study on "The Factors That Affect the Tenure of 4-H Leaders," and by serving on national 4-H committees of the National Association of Land Grant Colleges and State Universities.

In addition to her official duties, Miss Fizer is well recognized public service, especially her church, the senior citizens, and the Salvation Army. Her record of professional accomplishments had brought many honors, among which are Kellogg Fellowship at the University of Wisconsin in 1961-62, a Distinguished Service Award from the West Virginia Society of Dentistry in 1971, a Distinguished Service Citation from the National Association of Extension Agents in 19974, a Citation of Commendation from the USDA, 4-H Program Division in 1978, Certificate of Recognition from the National Council of Epsilon Sigma Phi in 1974, and an Outstanding Contribution Award from the West Virginia University Extension Service in 1978.