HARDY COUNTY HIGH TUNNEL TO BENEFIT SENIOR CITIZENS

Charleston, W.Va. – The Hardy County Health and Wellness Center - along with the Hardy County Senior Center - will be the beneficiaries of a new high tunnel funded by the West Virginia Department of Agriculture (WVDA).

The public is invited to a groundbreaking ceremony Wednesday, October 7 at 10:30 a.m. at the centers, located at 409 and 411 Spring Ave. in Moorefield.

Health and Wellness Center Director Morgan See said that raised bed gardens were such a hit with users of the Senior Center that a season-extending high tunnel was the logical next step. Many of them suffer from arthritis and gardening “is a good way to keep their hands moving,” she said.

The high tunnel is one of a number WVDA is planning to construct throughout the state to encourage students to consider agriculture as a profession, to demonstrate the ability of West Virginia to produce its own food, and as a way to encourage healthy eating habits, according to Commissioner of Agriculture Walt Helmick.

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